

Lesson Plans Overview For Family Child Care Homes

WHO?

Four and Five Star family child care homes must implement current weekly lesson plans.

Lesson plans must be:

- developmentally appropriate
- align with Oklahoma Early Learning Guidelines (ELGs) or Oklahoma Academic Standards and these are documented on the lesson plans
- provide for children's various ages, abilities, developmental stages, social-emotional development, special needs, and interests
- include at least two daily caregiver-led developmentally-appropriate physical activities
- shared with families
- include at least 15 minutes of daily reading to children

WHY?

Carefully planned lesson plans provide rich learning environments for young children which are tied to school readiness and lifelong excitement for learning. When we see children as capable, we partner with them to develop environments that meet their interests and needs.

WHAT?

- High quality lesson plans are based on children's wonder, curiosity, interests, and needs.
- Infant and toddler lesson plans focus on developing secure relationships with caregivers and family members. Although social, emotional, and language development take center stage, these interactions and experiences also lay the foundation for vocabulary and concepts that support later academic development across all subject areas.
- Preschool and school age lesson plans build upon earlier stages, deepen, and extend to reflect children's more complex knowledge and skills across all subject areas. Continuing to provide culturally and linguistically sustaining care and supporting all domains of development as well as all subject areas remain essential.

WHERE?

Below are resources and agencies you can access to support in the development of quality curriculum:

- Center for Early Childhood Professional Development (CECPD), www.cecpd.org: has a video lending library and links to additional resources including those of other agencies.
- Child Care Services Quality Coaches, vikki.dobbins@okdhs.org, coaching and resources offered statewide around all QRIS criteria.
- Child Development Ages and Stages, <https://www.cdc.gov/ncbddd/actearly/milestones/index.html> (birth through 5 years); <https://www.choc.org/primary-care/ages-stages/> (birth through 18 years).
- *Oklahoma Academic Standards*, Oklahoma State Department of Education. Can be downloaded at <https://sde.ok.gov/oklahoma-academic-standards>.
- National Association for the Education of Young Children. (n.d.). DAP: Planning and implementing and engaging curriculum to achieve meaningful goals. <https://www.naeyc.org/resources/position-statements/dap/planning-curriculum>.
- Oklahoma Child Care Resource and Referral Association (OCCRRA), www.oklahomachildcare.org: there are regional Resource and Referral Agencies (R&Rs) throughout the state that have resources, materials, and lending libraries, and offer professional development and onsite technical assistance and/or coaching to assist in lesson or curriculum planning.

- Oklahoma Core Competencies for Early Childhood Practitioners, <http://www.okdhs.org/OKDHS%20Publication%20Library/08-91.pdf>: includes knowledge and skills needed to provide quality child environments.
- Oklahoma Core Competencies for Out-of-School Time Practitioners, <https://oklahoma.gov/content/dam/ok/en/okdhs/documents/okdhs-publication-library/14-32.pdf>: includes knowledge and skills needed to provide quality environments for school age children/youth.
- Oklahoma Early Learning Guidelines for Children Ages Three to Five, <http://www.okdhs.org/OKDHS%20Publication%20Library/10-54.pdf>: provides resources or ideas to guide in creating developmentally appropriate activities for young children.
- Oklahoma Early Learning Guidelines for Infants, Toddlers and Twos, <http://www.okdhs.org/OKDHS%20Publication%20Library/10-23.pdf>: provides resources or ideas to guide in creating developmentally appropriate activities for infants, toddlers, and two year olds.
- Oklahoma Professional Development Registry (OKRegistry), www.okregistry.org: has the Statewide Training Calendar where you can search for courses by topic, key word, ELG, core competency, or CDA competency; offers approved ELG training.
- Scholars for Excellence in Child Care, www.okhighered.org: child development and curriculum courses are available through Oklahoma community colleges. Scholar coordinators are available to assist with enrollment into the program and scholarships to work toward early childhood credentials and degrees.
- Oklahoma Shared Services, www.oksharedservices.org: has many early childhood resources and templates, including lesson plan templates and examples tied to ELGs, links to curriculum options, and “choosing a curriculum”